## 25 Things to do in 2025

- 1. Start a Gratitude Journal and write 1 thing you are thankful for everyday.
- 2. Read one or more books that you've been meaning to but still haven't read.
- 3. Try a new form of workout like Pilates or Zumba. Or ... just workout.
- 4. Plan and go on a day trip with your spouse or a friend.
- 5. Go stargazing on a clear night or watch the full moon come up over Lake Michigan.
- 6. Clean out one closet or room a month. Then have a rummage sale or donate it all. It will make you feel good.
- 7. Book a weekend getaway to a cozy cabin, beach or historic town.
- 8. Explore your own city... go somewhere you haven't been yet.
- 9. Watch a sunrise & sunset on the same day. It's magical!
- 10. Reconnect with an old friend over coffee or video call.
- 11. Host a game night at your place.
- 12. Plan a monthly date night with a friend or spouse.
- 13. On the first of each month, send an uplifting card to someone you know and brighen their day.
- 14. Get out your Bible, dust it off if needed and read from Proverbs once a week.
- 15. Throw a themed party. Superbowl, a Luau, a dinner mystery, a costume party, ideas are endless. Be creative!
- 16. Join a club or group to meet people who share you interest. Or.. start one yourself.
- 17. Plant a small flower garden, then have fresh pretty flowers for you table.
- 18. Bake or cook one new reciepe every month. Invite a friend over to enjoy the end product with!
- 19. In summer, go on a picnic with one or more friends.
- 20. Do a random act of kindness daily... it can be as easy as saying a prayer for someone or holding a door open.

- 21. Go to a local outdoor concert with family or friends this summer.
- 22. Do something out of the ordinary... like zipline or dance lessons or bowling.
- 23. Leave a little treat for your mailman or Amazon delievery person.
- 24. Participate in a fundraiser or do the Gift-a-child at Christmas.
- 25. Keep track of what you've done throughout the year and share with everyone at our next Christmas Party!

Can't wait to here about your adventures! Happy 2025!